



Horses Birthday 1st.

August 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am Physio Exercise 1 10am to 11am Green acres Active Games Rec Rm 11am Catholic Service in Library 2pm Movie/DVD	Forgiveness Day 2 HAIRDRESSER 9am Physio Exercise Volunteer Visits with Jeff 1030am Pray Reading 11am Choir 2pm Quiz Group Commonwealth Games	Bus Outing –Lunch 3 Robertson Pie Shop MM & DW Depart 11am 2pm Music Reminiscence Old time Sing-A-Long	Chocolate Chip 4 Cookie Day 9am Physio Exercises 1030am Craft/knitting 130pm Bingo	5 9am Physio Exercise 1030am Scrabble/Tables Games 2pm -3pm Chocolate Wheel	930 Main Dining Room 6 1030am to 1130am Sails Garden or Hang Man in Rec Rm if weather bad Room Visits 130pm Movie	1130am Songs of Praise 7 ABC TV Self-directed activities Rec Rm 130pm Movie
9am Physio Exercise 8 10am to 11am Green acres Discussion Group Rec Rm 11am Catholic Service in Library 2pm Movie/DVD	Book Lover's Day 9 HAIRDRESSER 9am Physio Exercise Volunteer Visits with Jeff 1030am Pray Reading 11am Choir 2pm Word Games	930am Bus Outing MM 10 130pm Bus Outing DW Scenic Drive 2pm Art Hour - MM	9am Physio 11 Exercises 1030am craft/knitting 130pm Bingo	12 9am Physio Exercise 1030am Scrabble/Tables Games 2pm to 3pm Happy Hour	930 Main Dining Room 13 1030am to 1130am Sails Garden or Hang Man in Rec Rm if weather bad Room Visits 130pm Movie	1130am Songs of Praise 14 ABC TV Self-directed activities Rec Rm 130pm Movie
9am Physio Exercise 15 10am to 11am Green acres Active Games Rec Rm 11am Catholic Service in Library 2pm Movie/DVD	Tell a Joke Day 16 HAIRDRESSER 9am Physio Exercise Volunteer Visits with Jeff 1030am Pray Reading 11am Choir 2pm Quiz Group BBQ LUNCH all dining Rms	Bus Outing - Lunch 17 Albion Park Bowling Club Country Music Party Depart 11am MM & DW 2pm Music Reminiscence Old time Sing-A-Long	9am Physio 18 Exercises 1030am craft/knitting 130pm Bingo	9am Physio Exercise 19 1030am 1030am Scrabble/Tables Games 2pm Entertainment - Louie	930 Main Dining Room 20 1030am to 1130am Sails Garden or Hang Man in Rec Rm if weather bad Room Visit 130pm Movie	1130am Songs of Praise 21 ABC TV Self-directed activities Rec Rm 130pm Movie
9am Physio Exercise 22 10am to 11am Green acres Discussion Group Rec Rm 11am Catholic Service in Library 2pm Movie/DVD	HAIRDRESSER 23 9am Physio Exercise Volunteer Visits with Jeff 1030am Pray Reading 11am Choir 2pm Word Games	930am Bus Outing MM 24 130pm Bus Outing DW Scenic Drive 2pm Art Hour - MM	9am Physio 25 Exercises 1030am craft/knitting 130pm Bingo	26 930am Daffodil Day Morning Tea Fundraiser Main dining Rm Gold Coin Donation 2pm Monthly Birthday Afternoon Tea Party & Singalong Rec Rm	930 Main Dining Room 27 1030am to 1130am Sails Garden or Hang Man in Rec Rm if weather bad Room Visit 130pm Movie	1130am Songs of Praise 28 ABC TV Self-directed activities Rec Rm 130pm Movie
9am Physio Exercise 29 10am to 11am Green acres Active Games Rec Rm 11am Catholic Service in Library 2pm Movie/DVD	HAIRDRESSER 30 9am Physio Exercise 1030am Residents Meeting Volunteer Visits with Jeff 11am Pray Reading 1130am Choir 2pm Quiz Group	31 Bus Outing Mystery Trip Time and Venue To Be Announced 2pm Music Reminiscence Old time Sing-A-Long	Lifestyle - Main Dining Rm - Daily 940am to 1010am Morning Tea Social Time; read newspaper, today in history, chat		Commonwealth Games Week from 29th July to 9th August Telecast on 7 & 7-Plus daily	