

August – Keira - 2022



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

<p>Horses' Birthday 1</p> <p>9am Walk & Chore Base Activities</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Puzzles</p> <p>11am Catholic Service in Library</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Music – DVD- Sensory</p>	<p>9am Walk & Chore Base Activities 2</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am ART or 1030am Non-denominational Service Rec Rm 11am CHOIR Rec Rm</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time - Sensory 3pm-4pm Spiritual Music with Will</p>	<p>9am Walk & Chore Base Activities 3</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Memory Games</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Sensory</p> <p>230pm Movie/Music Time</p>	<p>Chocolate Chip Cookie Day 4</p> <p>930am Bus Outing</p> <p>12pm Lunch</p> <p>1pm-2pm Relaxation Time</p> <p>130pm Bingo – Rec Rm</p>	<p>9am Walk & Chore Base Activities 5</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Memory Games 12pm Lunch</p> <p>1pm - 2pm Relaxation Time – Sensory</p> <p>2pm Chocolate Wheel Rec Rm See Lifestyle</p>	<p>Lifestyle Support Shift 6</p> <p>9am Outdoor Walk 10am Morning Tea & News & Music Ball/Balloon Games Colouring Stencils Wool Winding/pom poms Paper pictures & Clue Puzzles Lacing & Threading Relaxation Time Quiet Music/ Hand & Nail Care/Music</p>	<p>Lifestyle Support Shift 7</p> <p>9am Outdoor Walk 10am Morning Tea & News & Music Ball/Balloon Games Colouring Stencils Wool Winding/pom poms Paper pictures & Clue Puzzles Lacing & Threading Relaxation Time Quiet Music/ Hand & Nail Care/Music</p>
<p>9am Walk & Chore Base Activities 8</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Puzzles</p> <p>11am Catholic Service in Library</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Music – DVD- Sensory</p>	<p>9am Walk & Chore Base Activities 9</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Bingo or 1030am Non-denominational Service Rec Rm 11am CHOIR Rec Rm</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time - Sensory 3pm-4pm Spiritual Music with Will</p>	<p>9am Walk & Chore Base Activities 10</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Memory Games</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Sensory</p> <p>230pm Movie/Music Time</p>	<p>930am Bus Outing 11</p> <p>12pm Lunch</p> <p>1pm-2pm Relaxation Time</p> <p>130pm Bingo – Rec Rm</p>	<p>9am Walk & Chore Base Activities 12</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Memory Games 12pm Lunch</p> <p>1pm - 2pm Relaxation Time – Sensory</p> <p>2pm Happy Hour Rec Rm</p>	<p>Lifestyle Support Shift 13</p> <p>9am Outdoor Walk 10am Morning Tea & News & Music Ball/Balloon Games Colouring Stencils Wool Winding/pom poms Paper pictures & Clue Puzzles Lacing & Threading Relaxation Time Quiet Music/ Hand & Nail Care/Music</p>	<p>Lifestyle Support Shift 14</p> <p>9am Outdoor Walk 10am Morning Tea & News & Music Ball/Balloon Games Colouring Stencils Wool Winding/pom poms Paper pictures & Clue Puzzles Lacing & Threading Relaxation Time Quiet Music/ Hand & Nail Care/Music</p>
<p>9am Walk & Chore Base Activities 15</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Puzzles</p> <p>11am Catholic Service in Library</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Music – DVD- Sensory</p>	<p>9am Walk & Chore Base Activities 16</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am ART or 1030am Non-denominational Service Rec Rm 11am CHOIR Rec Rm</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time - Sensory 3pm-4pm Spiritual Music with Will</p>	<p>9am Walk & Chore Base Activities 17</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Memory Games</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Sensory</p> <p>230pm Movie/Music Time</p>	<p>930am Bus Outing 18</p> <p>12pm Lunch</p> <p>1pm-2pm Relaxation Time</p> <p>130pm Bingo – Rec Rm</p>	<p>9am Walk & Chore Base Activities 19</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Memory Games 12pm Lunch</p> <p>1pm - 2pm Relaxation Time – Sensory</p> <p>2pm Entertainment – Louie Rec Rm</p>	<p>Lifestyle Support Shift 20</p> <p>9am Outdoor Walk 10am Morning Tea & News & Music Ball/Balloon Games Colouring Stencils Wool Winding/pom poms Paper pictures & Clue Puzzles Lacing & Threading Relaxation Time Quiet Music/ Hand & Nail Care/Music</p>	<p>Lifestyle Support Shift 21</p> <p>9am Outdoor Walk 10am Morning Tea & News & Music Ball/Balloon Games Colouring Stencils Wool Winding/pom poms Paper pictures & Clue Puzzles Lacing & Threading Relaxation Time Quiet Music/ Hand & Nail Care/Music</p>
<p>9am Walk & Chore Base Activities 22</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Puzzles</p> <p>11am Catholic Service in Library</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Music – DVD- Sensory</p>	<p>9am Walk & Chore Base Activities 23</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Bingo or 1030am Non-denominational Service Rec Rm 11am CHOIR Rec Rm</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time - Sensory 3pm-4pm Spiritual Music with Will</p>	<p>9am Walk & Chore Base Activities 24</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Memory Games</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Sensory</p> <p>230pm Movie/Music Time</p>	<p>930am Bus Outing 25</p> <p>12pm Lunch</p> <p>1pm-2pm Relaxation Time</p> <p>130pm Bingo – Rec Rm</p>	<p>930am Daffodil Day Moring Tea fundraiser Main Dining Rm Gold Coin Donation 26</p> <p>2pm Monthly Birthday Afternoon Tea Party & Singalong Rec Rm</p>	<p>Lifestyle Support Shift 27</p> <p>9am Outdoor Walk 10am Morning Tea & News & Music Ball/Balloon Games Colouring Stencils Wool Winding/pom poms Paper pictures & Clue Puzzles Lacing & Threading Relaxation Time Quiet Music/ Hand & Nail Care/Music</p>	<p>Lifestyle Support Shift 28</p> <p>9am Outdoor Walk 10am Morning Tea & News & Music Ball/Balloon Games Colouring Stencils Wool Winding/pom poms Paper pictures & Clue Puzzles Lacing & Threading Relaxation Time Quiet Music/ Hand & Nail Care/Music</p>
<p>9am Walk & Chore Base Activities 29</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Puzzles</p> <p>11am Catholic Service in Library</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Music – DVD- Sensory</p>	<p>9am Walk & Chore Base Activities 30</p> <p>1030am Residents Meeting Rec Rm 10am M/Tea & News/Reminiscence 1030am Physical Games 11am ART or 1030am Non-denominational Service Rec Rm 11am CHOIR Rec Rm</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time - Sensory 3pm-4pm Spiritual Music with Will</p>	<p>9am Walk & Chore Base Activities 31</p> <p>10am M/Tea & News/Reminiscence 1030am Physical Games 11am Memory Games</p> <p>12pm Lunch</p> <p>1pm - 2pm Relaxation Time Sensory</p> <p>230pm Movie/Music Time</p>	<p>Yellow highlighted activities are conducted in recreation room. See lifestyle.</p>			