## MARCH 2024 · KEIRA



**TUESDAY WEDNESDAY THURSDAY** 

**Hairdresser** – Every Tuesday by appointment Money required at the time of service. See Team Leader to book with lifestyle.

Podiatrist – See Team Leader to book with Lois.

Resident & Relatives Meeting – Last Tuesday of the Month at 1030am in the Rec Room



Physio Exercises Rec Rm

9am

**FRIDAY** 

1030am to 1130am **Memory Stimulation Games** 

1pm to 2pm Relax Time

2pm to 330pm Sensory Engagement

Residents 1:1 or walks

Also Available: 1030am Bingo

130pm Active Games

Staff Supported Activities in Wing

**SATURDAY** 

2

News & Music Walks Ball/Balloon Games **Colouring Stencils Puzzles** Lacing & Threading **Quiet Music** Hand & Nail Care

Staff Supported Activities in Wing

**SUNDAY** 

3

News & Music Walks Ball/Balloon Games Colouring Stencils Puzzles Lacing & Threading Quiet Music Hand & Nail Care

9am <b>11</b> Physio Exercises Rec Rm	9am <b>12</b> Physio Exercises Rec Rm	9am 13 Physio Exercises Rec Rm	14	9am 15 Physio Exercises Rec Rm	16	17
1030am to 1130am Tactile Time	1030am to 1130am Ball & Balloons		930am to 1130am Bus Outing	1030am to 1130am Memory Stimulation Games		
1pm to 2pm Relax Time	1pm to 2pm Relax Time	1pm to 2pm Relax Time	1pm to 2pm Relax Time	1pm to 2pm Relax Time	Staff Supported Activities in Wing	St. Parice
2pm to 330pm Sensory Engagement	2pm to 330pm Sensory Engagement	2pm to 330pm Sensory Engagement	2pm to 330pm Sensory Engagement	2pm to 330pm Sensory Engagement	News & Music Walks Ball/Balloon Games	
Residents 1:1 or walks	Residents 1:1 or walks	Residents 1:1 or walks	Residents 1:1 or walks	Residents 1:1 or walks	Colouring Stencils Puzzles	Service Servic
Also Available in Rec Rm: 11am Catholic Service Austinmer Wing	Also Available in Rec Rm: 10am Preschool Visit		Also Available In Rec Room: 130pm Choir & Singalong	Also Available In Rec Room: 1030am Bingo	Lacing & Threading Quiet Music Hand & Nail Care	
	130pm Table Games			130pm St Patrick's Day Happy Hour		
9am 18 Physio Exercises Rec Rm	9am 19 Physio Exercises Rec Rm	9am 20 Physio Exercises Rec Rm	21	9am <b>22</b> Physio Exercises Rec Rm	23	24
1030am to 1130am Tactile Time	1030am to 1130am Ball & Balloons	1030am to 1130am Memory Stimulation Games	930am to 1130am Bus Outing	1030am to 1130am Memory Stimulation Games	Staff Supported Activities in Wing	Staff Supported Activities in Wing
1pm to 2pm Relax Time	1pm to 2pm Relax Time	1pm to 2pm Relax Time	1pm to 2pm Relax Time	1pm to 2pm Relax Time	News & Music Walks Ball/Balloon Games	News & Music Walks Ball/Balloon Games
2pm to 330pm Sensory Engagement	2pm to 330pm Sensory Engagement	2pm to 330pm Sensory Engagement	2pm to 330pm Sensory Engagement	2pm to 330pm Sensory Engagement	Colouring Stencils Puzzles Lacing & Threading Quiet Music	Colouring Stencils Puzzles Lacing & Threading Quiet Music
Residents 1:1 or walks	Residents 1:1 or walks	Residents 1:1 or walks	Residents 1:1 or walks	Residents 1:1 or walks	Hand & Nail Care	Hand & Nail Care
NO Catholic Service today	Also Available in Rec Rm: 1030am Easter Service		Also Available In Rec Room: 130pm Choir & Singalong	Also Available in Rec Rm: 1030am Bingo		
	130pm Table Games			2pm Chocolate Wheel \$5.00 per ticket		
9am <b>25</b> Physio Exercises Rec Rm	9am <b>26</b> Physio Exercises Rec Rm	9am <b>27</b> Physio Exercises Rec Rm	930am to 1130am	29	30	31
1030am to 1130am	1030am to 1130am	1030am to 1130am	Bus Outing	Good Friday	Easter Saturday	
Tactile Time	Memory Stimulation Games	Memory Stimulation Games	1pm to 2pm Relax Time	Staff Supported Activities	-	
1pm to 2pm Relax Time	1pm to 2pm Relax Time	1pm to 2pm Relax Time	2pm to 330pm	in Wing  News & Music	10am Residents Easter Egg Hunt in Wing	
2pm to 330pm	2nm to 220nm	2pm to 330pm	Sensory Engagement	Walks	400	235
Sensory Engagement	2pm to 330pm Sensory Engagement	Sensory Engagement	Residents 1:1 or walks	Ball/Balloon Games Colouring Stencils	130pm Easter Movie	
Residents 1:1 or walks	Residents 1:1 or walks	Residents 1:1 or walks	Also Available in Rec Rm 2pm March Birthday Party and	Puzzles Lacing & Threading		
Also Available in Rec Rm: 11am Catholic Service Austinmer Wing	Also Available in Rec Rm: 130pm Table Games		Easter Games	Quiet Music Hand & Nail Care		