

MARCH 2024 · KEIRA



MONDAY

TUESDAY

WEDNESDAY

THURSDAY



FRIDAY

SATURDAY


SUNDAY

Hairdresser – Every Tuesday by appointment
Money required at the time of service.
See Team Leader to book with lifestyle.

Podiatrist – See Team Leader to book with Lois.

Resident & Relatives Meeting – Last Tuesday of the Month at 1030am in the Rec Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
				<p>9am Physio Exercises Rec Rm</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available: 1030am Bingo</p> <p>130pm Active Games</p>		
<p>9am Physio Exercises Rec Rm</p> <p>1030am to 1130am Tactile Time</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available In Rec Rm: 11am Catholic Service Austinmer Wing</p>	<p>9am Physio Exercises Rec Rm</p> <p>1030am to 1130am Ball & Balloons</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available In Rec Room: 1030am Chapel Service</p> <p>130pm Table Games</p>	<p>9am Physio Exercises Rec Rm</p> <p>1030am to 1130am Ball & Balloons</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p>	<p>930am to 1130am Bus Outing</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available In Rec Room: 130pm Choir & Singalong</p>	<p>9am Physio Exercises Rec Rm</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available In Rec Room: 1030am Bingo</p> <p>130pm Entertainers -Tony & Allan</p>		

<p>9am Physio Exercises Rec Rm</p> <p>11</p> <p>1030am to 1130am Tactile Time</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available in Rec Rm: 11am Catholic Service Austinmer Wing</p>	<p>9am Physio Exercises Rec Rm</p> <p>12</p> <p>1030am to 1130am Ball & Balloons</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available in Rec Rm: 10am Preschool Visit 130pm Table Games</p>	<p>9am Physio Exercises Rec Rm</p> <p>13</p> <p>1030am to 1130am Ball & Balloons</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p>	<p>14</p> <p>930am to 1130am Bus Outing</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available In Rec Room: 130pm Choir & Singalong</p>	<p>15</p> <p>9am Physio Exercises Rec Rm</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available In Rec Room: 1030am Bingo 130pm St Patrick's Day Happy Hour</p>	<p>16</p> <p>Staff Supported Activities in Wing</p> <p>News & Music Walks Ball/Balloon Games Colouring Stencils Puzzles Lacing & Threading Quiet Music Hand & Nail Care</p>	<p>17</p> 
<p>9am Physio Exercises Rec Rm</p> <p>18</p> <p>1030am to 1130am Tactile Time</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>NO Catholic Service today</p>	<p>9am Physio Exercises Rec Rm</p> <p>19</p> <p>1030am to 1130am Ball & Balloons</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available in Rec Rm: 1030am Easter Service 130pm Table Games</p>	<p>9am Physio Exercises Rec Rm</p> <p>20</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p>	<p>21</p> <p>930am to 1130am Bus Outing</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available In Rec Room: 130pm Choir & Singalong</p>	<p>22</p> <p>9am Physio Exercises Rec Rm</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available in Rec Rm: 1030am Bingo 2pm Chocolate Wheel \$5.00 per ticket</p>	<p>23</p> <p>Staff Supported Activities in Wing</p> <p>News & Music Walks Ball/Balloon Games Colouring Stencils Puzzles Lacing & Threading Quiet Music Hand & Nail Care</p>	<p>24</p> <p>Staff Supported Activities in Wing</p> <p>News & Music Walks Ball/Balloon Games Colouring Stencils Puzzles Lacing & Threading Quiet Music Hand & Nail Care</p>
<p>9am Physio Exercises Rec Rm</p> <p>25</p> <p>1030am to 1130am Tactile Time</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available in Rec Rm: 11am Catholic Service Austinmer Wing</p>	<p>9am Physio Exercises Rec Rm</p> <p>26</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available in Rec Rm: 130pm Table Games</p>	<p>9am Physio Exercises Rec Rm</p> <p>27</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p>	<p>28</p> <p>930am to 1130am Bus Outing</p> <p>1030am to 1130am Memory Stimulation Games</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Residents 1:1 or walks</p> <p>Also Available in Rec Rm 2pm March Birthday Party and Easter Games</p>	<p>29</p> <p>Good Friday</p> <p>Staff Supported Activities in Wing</p> <p>News & Music Walks Ball/Balloon Games Colouring Stencils Puzzles Lacing & Threading Quiet Music Hand & Nail Care</p>	<p>30</p> <p>Easter Saturday</p> <p>10am Residents Easter Egg Hunt in Wing</p> <p>130pm Easter Movie</p>	<p>31</p> 