

November 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Rm</p> <p>930am Bus Illawarra Quilters Morning Tea</p> <p>130pm Bus Scenic Drive</p> <p>130pm-230pm Granny Squares Rec Rm</p>	<p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Rm</p> <p>1030am Quiz Rec Rm</p> <p>130pm Afternoon Movie Rec Rm</p> <p>3pm 1:1 Visits</p>	<p>9am Physio Exercises Rec Rm</p> <p>1030am Bingo Vol BG Rec Rm</p> <p>130pm Movie Rec Rm</p> <p>1:1 support Visits</p>	<p>915am-1015am Resident Walks</p> <p>1030am -1200 Xmas craft Rec Rm</p> <p>130pm Movie Rec Rm</p> <p>130pm 1:1 Wings Nail Care</p>	<p>Self-directed Activities Available in Rec Rm</p>
<p>Clothing Pool Last Tuesday of the Month Next Date: 28/11/23</p> <p>Hairdresser is not available on Tuesday 7/11/23 & Tuesday 21/11/23</p>						
<p>9am Physio Exercises Rec Rm</p> <p>11am Catholic Service Library</p> <p>130pm Music Or Movie</p> <p>930am to 1130am Melbourne Cup Sweeps</p> <p>From 1pm Drawing of sweep horses</p>	<p>NO Bus Early Walk Group</p> <p>9am Physio Exercises Rec Room</p> <p>10am Chapel Service Matt & Barb Rec Rm</p> <p>MELBOURNE CUP DAY Lunch All dining rooms</p> <p>2pm Champagne, Nibbles and Race Rec Rm</p> <p>VW, MM, DW, BM, BG</p>	<p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Rm</p> <p>1030am Bus Lunch Outing</p> <p>130pm-230pm Granny Squares Rec Rm</p>	<p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Rm</p> <p>1030am Quiz Rec Rm</p> <p>130pm Shopping Bus</p>	<p>9am Physio Exercises Rec Rm</p> <p>Commencing at 1030am Remembrance Day Service Rec Rm</p> <p>130pm Movie Rec Rm</p> <p>1:1 support Visits</p> <p>VW, MM ,DW</p>	<p>Remembrance Day Service TV</p> <p>915am-1015am Resident Walks</p> <p>1030am -1200 Art -Vol Jarrah</p> <p>130pm 1:1 Wings Nail Care</p>	<p>Self-directed Activities Available in Rec Rm</p>
<p>9am Physio Exercises Rec Rm</p> <p>11am Catholic Service Library</p> <p>130pm Music Or Movie</p>	<p>NO Early Walk Group Bus</p> <p>Self-directed Activities Available in Rec Rm</p> <p>130pm Scrabble Vol BG Rec Rm</p> <p>Lifestyle Mandatory Training 8am to 430pm</p>	<p>NO Early Walk Group Bus</p> <p>Self-directed Activities Available in Rec Rm</p> <p>Lifestyle Mandatory Training 8am to 430pm</p>	<p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Rm</p> <p>1030am Quiz Rec Rm</p> <p>130pm-230pm Choir Rec Rm</p> <p>3pm 1:1 Visits</p>	<p>9am Physio Exercises Rec Rm</p> <p>1030am Bingo Vol BG Rec Rm</p> <p>130pm Louie Entertainer Rec Rm</p> <p>3pm 1:1 visits</p>	<p>915am-1015am Resident Walks</p> <p>1030am -1200 Craft - Vol Jeanette</p> <p>130pm 1:1 Wings Nail Care</p>	<p>Self-directed Activities Available in Rec Rm</p>

<p style="text-align: right;">20</p> <p>9am Physio Exercises Rec Rm</p> <p>11am Catholic Service Library</p> <p>130pm Music Hour Guess that Song Rec Rm</p> <p>2pm to 330pm 1:1 Activity Time</p>	<p style="text-align: right;">21</p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Room</p> <p>1030am Chapel Service Matt & Barb Rec Rm</p> <p>130pm Shopping Bus Corrimal</p> <p>130pm Scrabble Vol BG Rec Rm</p> <p>Hairdresser not available today</p>	<p style="text-align: right;">22</p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Rm</p> <p>930am Bus Preschool</p> <p>130pm Bus Scenic drive</p> <p>130pm-230pm Granny Squares Rec Rm</p>	<p style="text-align: right;">23</p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Rm</p> <p>10am -1200 Amcal Chemist Xmas Stall Rec Rm</p> <p>130pm-230pm Choir Rec Rm</p> <p>3pm 1:1 Visits</p>	<p style="text-align: right;">24</p> <p>9am Physio Exercises Rec Rm</p> <p>1030am Bingo Vol BG Rec Rm</p> <p>130pm Theodore Music Entertainer Rec Rm</p> <p>3pm 1:1 visits</p>	<p style="text-align: right;">25</p> <p>Lifestyle not available today</p> <p>Self-directed Activities Available in Rec Rm</p>	<p style="text-align: right;">26</p> <p>Self-directed Activities Available in Rec Rm</p>
<p style="text-align: right;">27</p> <p>9am Physio Exercises Rec Rm</p> <p>11am Catholic Service Library</p> <p>Xmas Decorating all Day Rec Rm, Admin, small dining, lifts.</p>	<p style="text-align: right;">28</p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Room</p> <p>From 1200 Clothing Pool Rec Rm</p> <p>Xmas Decorating all Day Rec Rm, Admin, small dining, lifts.</p> <p>130pm Scrabble Vol BG Rec Rm</p>	<p style="text-align: right;">29</p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Rm</p> <p>930am Bus Scenic Drivel</p> <p>130pm Bus Scenic drive</p> <p>Xmas Decorating all Day Rec Rm, Admin, small dining, lifts.</p> <p>130pm-230pm Granny Squares Rec Rm</p>	<p style="text-align: right;">30</p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Rm</p> <p>1030am Quiz Rec Rm</p> <p>11am Non- Denominational Communion Library</p> <p>230pm Birthday Party M/ Dining Rm</p> <p>3pm 1:1 Visits</p>	<p style="text-align: center;">November Residents Meeting To be advised</p> <p style="text-align: center;">Please watch notice boards for details.</p>		

**We apologise that during November and December program may be subject to change without notice
as we plan Christmas events.
Thank you for your understanding.**