


# Illawarra Diggers Activity Calendar

# September 2023

**Grandparent's Day 12/10/23**  
**Staff and Residents BBQ 19/9/23**

				1	2	3
				FRIDAY	SATURDAY	SUNDAY
				NO BINGO	915am-1015am Resident Walks	
				930am Vintage Car Museum	1030am -1200 Scrapbooking Vol Leanne	
				1200 Father's Day BBQ	130pm Movie Rec Room	
					130pm 1:1 Wings Nail Care	
4	5	6	7	8	9	10
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1:1 Vol - BM	815am Bus Early Walk Group	815am Bus Early Walk Group	815am Bus Early Walk Group			
9am Physio Exercises Rec Room	9am Physio Exercises Rec Room	9am Physio Exercises Rec Room	9am Physio Exercises Rec Room	9am Physio Exercises Rec Room	915am-1015am Resident Walks	Self-directed Activities Available in Rec Rm
10am Green Acres Rec Room	1030am Chapel Service Matt & Barb Rec Room	930am Bus Scenic Drive	1030am Quiz Rec Room	1030am Bingo – Vol BG Rec Room	1030am -1200 ART - Vol Jarrah Rec Room	
11am Catholic Service Library	130pm Scrabble –Vol BG Rec Room	130pm Bus Scenic Drive	130pm-230pm Choir Rec Room	130pm Movie Afternoon Rec Room	130pm Movie Rec Room	
130pm Music Hour Guess that Song Rec Room	1130- 330pm Lifestyle Plan Meeting	130pm-230pm Granny Squares Rec Room			130pm 1:1 Wings Nail Care	
2pm to 330pm 1:1 Activity Time			3pm 1:1 Visits	3pm 1:1 Visits		
11	12	13	14	15	16	17
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	815am Bus Early Walk Group	815am Bus Early Walk Group	815am Bus Early Walk Group			
9am Physio Exercises Rec Room	9am Physio Exercises Rec Room	9am Physio Exercises Rec Room	9am Physio Exercises Rec Room	9am Physio Exercises Rec Room	915am-1015am Resident Walks	Self-directed Activities Available in Rec Rm
1030am Green Acres Table Games Rec Room	1030am Out Door Activity Rec Room	10am – 230pm Bus Lunch - TBC	1030am Quiz Rec Rm	1030am Bingo - Vol BG Rec Room	1030am -1200 CRAFT - Vol Jeanette Rec Room	
11am Catholic Service Library	130pm Shopping Bus Corrimal	130pm-230pm Granny Squares Rec Room	130pm-230pm Choir Rec Room	130pm Happy Hour	130pm Movie Rec Room	
130pm Musical Movie Rec Room	130pm Scrabble – Vol BG Rec Room				130pm 1:1 Wings Nail Care	
2pm to 330pm 1:1 Activity Time			3pm 1:1 Visits	3pm 1:1 visits		

<p style="text-align: right;">18</p> <p style="text-align: center;"><b>MONDAY</b></p> <p>1:1 Vol – BM</p> <p>9am Physio Exercises Rec Room</p> <p>10am Green Acres Rec Room</p> <p>11am Catholic Service Library</p> <p>130pm Music Hour Guess that Song Rec Room</p> <p>2pm to 330pm 1:1 Activity Time</p>	<p style="text-align: right;">19</p> <p style="text-align: center;"><b>TUESDAY</b></p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Room</p> <p>1030am Chapel Service Matt &amp; Barb Rec Room</p> <p>130pm Scrabble –Vol BG Rec Room</p> <p>3pm 1:1 Visits</p>	<p style="text-align: right;">20</p> <p style="text-align: center;"><b>WEDNESDAY</b></p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Room</p> <p>930am Pre-School Visiting Rec Room</p> <p>1130am Catholic Service &amp; Lunch (Mini Bus)</p> <p>130pm Bus Scenic Drive</p> <p>130pm-230pm Granny Squares Rec Room</p>	<p style="text-align: right;">21</p> <p style="text-align: center;"><b>THURSDAY</b></p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Room</p> <p>1030am Quiz Rec Room</p> <p>130pm -230pm Choir Concert Rec Room</p> <p>3pm 1:1 Visits</p>	<p style="text-align: right;">22</p> <p style="text-align: center;"><b>FRIDAY</b></p> <p>9am Physio Exercises Rec Room</p> <p>1030am Bingo –Vol BG Rec Rm</p> <p>130pm Entertainment Tony &amp; Alan</p> <p>3pm 1:1 Visits</p>	<p style="text-align: right;">23</p> <p style="text-align: center;"><b>SATURDAY</b></p> <p>915am-1015am Resident Walks</p> <p>1030am -1200 CRAFT - Vol Jeanette Rec Room</p> <p>130pm Movie Rec Room</p> <p>130pm 1:1 Wings Nail Care</p>	<p style="text-align: right;">24</p> <p style="text-align: center;"><b>SUNDAY</b></p> <p>Self-directed Activities Available in Rec Rm</p>
<p style="text-align: right;">25</p> <p style="text-align: center;"><b>MONDAY</b></p> <p>9am Physio Exercises Rec Room</p> <p>10am Green Acres Rec Room</p> <p>11am Catholic Service Library</p> <p>130pm Musical Movie Rec Room</p> <p>2pm to 330pm 1:1 Activity Time</p>	<p style="text-align: right;">26</p> <p style="text-align: center;"><b>TUESDAY</b></p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Room</p> <p>1030am Residents Meeting Rec Room</p> <p>130pm Shopping Bus Corrimal</p> <p>130pm Scrabble –Vol BG Rec Room</p>	<p style="text-align: right;">27</p> <p style="text-align: center;"><b>WEDNESDAY</b></p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Room</p> <p>930am Bus Pre-school M/Tea Park TBC</p> <p>2pm Seniors Rights Rec Rm</p>	<p style="text-align: right;">28</p> <p style="text-align: center;"><b>THURSDAY</b></p> <p>815am Bus Early Walk Group</p> <p>9am Physio Exercises Rec Room</p> <p>1030am Quiz Rec Room</p> <p>11am Non- Denominational Communion</p> <p>2pm Birthday Party M/ Dining Rm</p> <p>3pm 1:1 Visits</p>	<p style="text-align: right;">29</p> <p style="text-align: center;"><b>FRIDAY</b></p> <p>9am Physio Exercises Rec Room</p> <p>1030am Bingo –Vol BG Rec Rm</p> <p>130pm Entertainment Louie</p> <p>3pm 1:1 Visits</p>	<p style="text-align: right;">30</p> <p style="text-align: center;"><b>SATURDAY</b></p> <p>AFL Grand Final</p> <p>915am-1015am Resident Walks</p> <p>1030am -1200 Leanne Rec Room</p> <p>Clothing Pool Clothing available to sort through between 930am &amp; 1200 Rec Room (Bundeena cupboard)</p> <p>130pm Movie Rec Room</p> <p>130pm 1:1 Wings Nail Care</p>	<p style="text-align: center;"><b>NRL Grand Final Sunday 1<sup>st</sup> October 2023 Streaming on TV in Rec Room</b></p>