

# September 2024

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**SUNDAY**

In Hairdresser – Tuesday from 830am – Appointments through Lifestyle

Residents M/Tea – Commences 930am - Main Dining Rm  
Residents A/Tea – Commences 230pm - Main Dining Rm

Daily in Rec Rm Afternoon Movie/Music DVD or Documentary from 3pm  
Lifestyle Daily 1:1 time & Resident Support between 3pm & 4pm



2	<p>830am to 930am Bus - MM Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>9am to 11am Morning 1 on 1 visits All Wings</p> <p>11am to 1130am Catholic Service Austinmer</p> <p>130pm to 230pm Active Games Rec Rm</p>	3	<p>830am to 930am Bus – MM Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>10am to 11am Preschool Visit to Diggers - MM Rec Rm</p> <p>130pm to 3pm Bus – DW Scenic Drive &amp; A/Tea (kitchen)</p> <p>130pm to 230pm Granny Squares - MM Rec Rm</p>	4	<p>830am to 930am Bus – MM &amp; DF Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>1030 to 1130am Word Games Rec Rm</p> <p>130pm to 230pm Choir Singalong Rec Rm</p>	5	<p>9am to 930am Physio Exercises Rec Rm</p> <p>1030am to 1130am Bingo – Barb G Vol Rec Rm</p> <p>130pm to 230pm Chocolate Wheel Rec Rm</p>	6	<p>915am Garden Walks Rec Rm</p> <p>1030am to 1200 Active Games - Jeanette Vol Rec Rm</p> <p>130pm to 3pm Word Games Rec Rm</p> <p>3pm Documentary Rec Rm</p>	7	<p>Self-directed Activities Rec Rm</p>	8
9	<p>830am to 11am Bus - MM Destination Walk &amp; M/Tea</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>9am to 11am Morning 1 on 1 visits All Wings</p> <p>11am to 1130am Catholic Service Austinmer</p> <p>2pm St Columbkilles Dance Group Rec Rm</p>	10	<p>830am Bus – MM Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>930am to 230pm VOTING Council Election Meet in Rec Rm</p> <p>130pm to 230pm Granny Squares - MM Rec Rm</p>	11	<p>830am to 930am Bus – MM &amp; DF Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>1030 to 1130am Word Games Rec Rm</p> <p>130pm to 230pm Choir Singalong Rec Rm</p>	12	<p>9am to 930am Physio Exercises Rec Rm</p> <p>1030am to 1130am Bingo – Barb G Vol Rec Rm</p> <p>130pm Entertainment Peter – Theodore Music Rec Rm</p>	13	<p>915am Garden Walks Rec Rm</p> <p>1030am to 1200 Nails &amp; Hand Massage Rec Rm</p> <p>130pm to 3pm Euchre &amp; Card Games Rec Rm</p> <p>3pm Documentary Rec Rm</p>	14	<p>Self-directed Activities Rec Rm</p>	15

<p>16</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>9am to 11am Morning 1 on 1 visits All Wings</p> <p>11am to 1130am All Denominations Communion Austinmer Wing</p> <p>130pm to 230pm Christmas Photo Shoots - MM Rec Rm</p>	<p>830am to 930am Bus - MM Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>945am to 1130am Bus - MM Diggers Visit to Preschool</p> <p>130pm to 230pm Scrabble – Barb G Vol Rec Rm</p> <p>115pm to 3pm Bus – MM/VW Shopping Corrimal</p>	<p>17</p> <p>830am to 930am Bus – MM Early Bird Walk &amp; M/Tea</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>11am to 2pm Mini Bus – MM Catholic Church &amp; Lunch</p> <p>130pm to 3pm Bus – DW Scenic Drive &amp; A/Tea (kitchen)</p> <p>130pm to 230pm Granny Squares - VW Rec Rm</p>	<p>18</p> <p>830am to 930am Bus – MM &amp; DF Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>1030 to 1130am Word Games Rec Rm</p> <p>130pm to 230pm Choir Singalong Rec Rm</p>	<p>19</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>1030am to 1130am Bingo – Barb G Vol Rec Rm</p> <p>130pm to 230pm Footy Active Games Rec Rm</p>	<p>20</p> <p>915am Garden Walks Rec Rm</p> <p>1030am -1200 Xmas Craft Ideas – Leanne Vol Rec Rm</p> <p>130pm to 3pm Quiz Rec Rm</p> <p>3pm Documentary Rec Rm</p>	<p>21</p> <p>22</p> <p>Self-directed Activities Rec Rm</p>
<p>23</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>9am to 11am Morning 1 on 1 visits All Wings</p> <p>11am to 1130am Catholic Service Austinmer</p> <p>130pm to 230pm Christmas Photo Shoots - MM Rec Rm</p>	<p>NO Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>1030am to 1130am Residents and Relatives Meeting Rec Rm</p> <p>11am to 1pm Clothing Pool Barb G - Vol Rec Rm</p> <p>130pm to 230pm Around the Table Talk Barb G - Vol Rec Rm</p>	<p>24</p> <p>830am to 930am Bus – MM Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>1030am to 2pm Bus - MM/DW Lunch Outing</p> <p>130pm to 230pm Granny Squares - VW Rec Rm</p>	<p>25</p> <p>830am to 930am Bus – MM &amp; DF Early Bird Walk</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>10am to 1130am Seniors Rights Visit Rec Rm</p> <p>130pm Movie Rec Rm</p>	<p>26</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>1030am to 1130am Bingo – Barb G Vol Rec Rm</p> <p>130pm to 230pm Entertainment Louie – Singalong</p> <p>Henry Harley 101<sup>st</sup> Birthday M/Tea</p>	<p>27</p> <p>915am Garden Walks Rec Rm</p> <p>930am -1100 Monthly Birthday M/Tea Rec Rm (kitchen)</p> <p>130pm Movie Time Rec Rm</p> <p>130pm – 3pm 1:1 Rm to Rm</p>	<p>28</p> <p>29</p> <p>Self-directed Activities Rec Rm</p>
<p>30</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>9am to 11am Morning 1 on 1 visits All Wings</p> <p>11am to 1130am Catholic Service Austinmer</p> <p>130pm to 230pm Christmas Photo Shoots – MM</p>	<p>Due to mandatory training Lifestyle will be unavailable at these times:  Manual Handling -Tuesday 17<sup>th</sup> – 10 am to 1230pm – Donna F &amp; Tony L  First Aid - Tuesday 24<sup>th</sup> – All Day – Mel M  Fire &amp; Chemical – Thursday 26<sup>th</sup> – 130pm to 330pm – Mel M, Donna F, Tony L</p>					