

September 2024 - KEIRA

· MONDAY ·

· TUESDAY ·

· WEDNESDAY ·

· THURSDAY ·

· FRIDAY ·

· SATURDAY ·

· SUNDAY ·

In Hairdresser – Tuesday from 830am –Appointments through Lifestyle
 Activities highlighted in green are available in the Rec Rm. Resident attending will need to be supervised.

Tuesday 24th
 1030am to 1130am
 Resident & Family Meeting
 Rec Rm



1

<p>9am to 930am Physio Exercises Rec Rm</p> <p>930am to 10am Garden Walks</p> <p>1030am to 1130am Tactile Time</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p>	<p>2</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>930am to 10am Garden Walks</p> <p>1030am to 1130am Ball & Balloons</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p>	<p>3</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>930am to 10am Garden Walks</p> <p>1030am to 1130am Ball & Balloons</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p>	<p>4</p> <p>930am to 1130am Bus Outing - DF Scenic Drive & M/Tea (kitchen)</p> <p>930am to 1130am Bus Outing - DF Scenic Drive & M/Tea (kitchen)</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p> <p>130pm to 230pm Choir & Singalong Rec Rm</p>	<p>5</p> <p>930am to 1130am Bus Outing - DF Scenic Drive & M/Tea (kitchen)</p> <p>930am to 1130am Bus Outing - DF Scenic Drive & M/Tea (kitchen)</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p> <p>130pm to 230pm Choir & Singalong Rec Rm</p>	<p>6</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>930am to 1130am Bus Outing - DF Scenic Drive & M/Tea (kitchen)</p> <p>1030am to 1130am Bingo Rec Rm</p> <p>1pm to 2pm Relax Time</p> <p>130pm to 230pm Chocolate wheel Rec Rm (Tickets 3 for \$5.00)</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p>	<p>7</p> <p>Staff Supported Activities in Wing</p> <p>News & Music Walks Ball/Balloon Games Colouring Stencils Puzzles Lacing & Threading Quiet Music Hand & Nail Care</p>	<p>8</p> <p>Staff Supported Activities in Wing</p> <p>News & Music Walks Ball/Balloon Games Colouring Stencils Puzzles Lacing & Threading Quiet Music Hand & Nail Care</p>
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<p>9am to 930am Physio Exercises Rec Rm</p> <p>930am to 10am Garden Walks</p> <p>1030am to 1130am Tactile Time</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p>	<p>16</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>930am to 10am Garden Walks</p> <p>1030am to 1130am Ball & Balloons</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p>	<p>17</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>930am to 10am Garden Walks</p> <p>1030am to 1130am Ball & Balloons</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p>	<p>18</p> <p>930am to 1130am Bus Outing - DF Scenic Drive & M/Tea (kitchen)</p> <p>1pm to 2pm Relax Time</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p> <p>130pm to 230pm Choir & Singalong Rec Rm</p>	<p>19</p> <p>9am to 930am Physio Exercises Rec Rm</p> <p>1030am to 1130am Bingo Rec Rm</p> <p>1pm to 2pm Relax Time</p> <p>130pm to 230pm Footy Active Games Rec Rm</p> <p>2pm to 330pm Sensory Engagement</p> <p>Afternoon Residents 1:1 or walks</p>	<p>20</p> <p>Staff Supported Activities in Wing</p> <p>News & Music Walks</p> <p>Ball/Balloon Games Colouring Stencils Puzzles</p> <p>Lacing & Threading Quiet Music Hand & Nail Care</p>	<p>21</p> <p>Staff Supported Activities in Wing</p> <p>News & Music Walks</p> <p>Ball/Balloon Games Colouring Stencils Puzzles</p> <p>Lacing & Threading Quiet Music Hand & Nail Care</p>
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