

## What can I do?

Simply fill out this slip to indicate what you would like to do at Diggers, detach and submit to reception.  
Or, email our Lifestyle Manager, joanna.limpic@illawarradiggers.com.au detailing what you would like to do at Diggers and your availability. We'll take it from there.

I would like to:

1:1 social discussion, reminiscing, discussing the local news

Playing an instrument

Gardening

Handyman

Men's group chat and support

Arts, craft, painting

Driving residents to shopping or appointments

Group activities: card games, carpet bowls

Reading to a resident or helping them write a letter

Going for a walk

Office administration

Assisting in the kiosk/cafe

Knitting, crochet, needlework, patchwork, quilting

1:1 social support between afternoon tea and dinner

Other \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8 Blundell Parade  
Corrimal NSW 2518  
**T. (02) 4225 4700**  
[admin@illawarradiggers.com.au](mailto:admin@illawarradiggers.com.au)  
[www.illawarradiggers.com.au](http://www.illawarradiggers.com.au)



# Join our Team!



 **ILLAWARRA**  
**DIGGERS**  
CARING FOR THE COMMUNITY'S AGED

## Are you interested in sharing your skills and experiences?

Would you like to be part of a community where caring and making connections with others is the primary focus?

Do you wish for an opportunity to give back in a way which brings meaning to your life whilst instilling hope and a sense of joy and contentment to the lives of others?

Here at Illawarra Diggers, everything that we do is centered around the care of our residents, their quality of life is our main priority. Our Lifestyle Team work hard to provide opportunities for leisure engagement and are always on the look out for members of the community to join in.

We have volunteer opportunities for anyone who would like to share their skills, knowledge and time in a range of roles, whether you have several hours a week or a couple of hours once a month.



### How will Diggers support me?

All of our volunteers are officially inducted into the team through a process of training and support. As a team within the Lifestyle Team and reporting to the Lifestyle Manager, your position at Diggers is given the respect it deserves in full recognition of your valued contribution to our community.

Volunteering is not just about giving back to the community, it has myriad benefits for those who give of themselves. In addition to gaining new skills and insights, those who volunteer feel a

sense of achievement and fulfilment which boosts self esteem as well as physical and mental health. Giving back to our community helps us to better understand it and to feel more connected as we meet new people and form new relationships.

*The purpose of life is to matter, to count, to stand for something, to have it make some difference that we lived at all.*

~ Leo Rosten ~

